



# Cleveland Wheelers Cycling Club



proudly presents

## “Seamer SPOCO”

17.5 Mile Time Trial (T091x2)

Sunday 9th June 2024

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



### *Event Secretary*

Chris Lawrence

### *Timekeepers*

Bill Millen

Sherry Binks

### *Arriving at the Event*

#### **Parking**

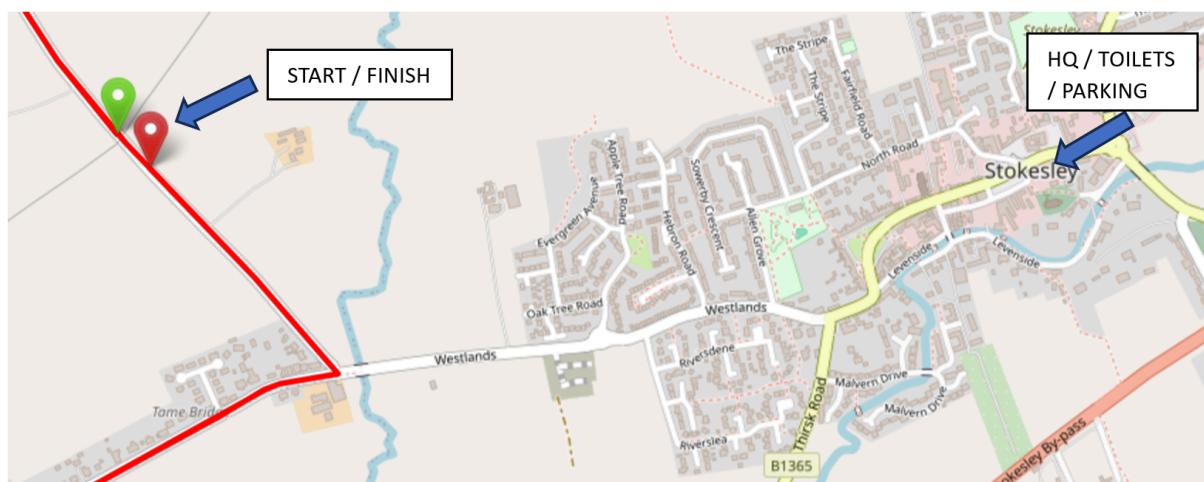
Parking is available in Stokesley town centre near the HQ and is approximately 1 mile from the start.

#### **Event HQ**

The event HQ will be in Stokesley Town Hall which is in the main Stokesley car park (marked on the map below). This is where sign on and number collection and return will be stationed. Refreshments will be available after the event.

#### **Toilets**

There are public toilets facilities available in Stokesley Town Centre (marked on map below).



No vehicles, except those of the timekeeper(s) and other event officials, shall be parked on the side of the road in the vicinity of the start and finish points and these are to be positioned off the public footpath.

**Warming Up** - No U-turns within sight of the start line. The roads around Stokesley provide plenty of opportunities for warming up. Please do not use turbo trainers within 100m of inhabited properties.

**Race Numbers and signing on / sign out sheet** will be at the event HQ.

When signing on, if applicable, please tick the required column to indicate that you are to compete on a road bike.

Please pin numbers on as low as possible to assist timekeepers and number catchers in identifying you. If you could shout your number as you pass the finish line it would be much appreciated.

All riders must remember to **return their number and sign out** at the event HQ after completing the course. **Failure to sign out will result in disqualification.**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must sign the official signing-out sheet. A rider who fails to sign the official signing-out sheet shall be recorded as DNF.

## *Course details*

### **Start –**

The start of the course is on the opposite side of the road at the end of the “Gravel Pits”. The first rider starts at 9:01 am

Please don't join the queue at the start for any longer than 6 minutes before your start time and respect social distancing. The start marshal will be able to give you information as to current line-up and how long you have to go before your start.

There will be no pusher-off so all riders must start with one foot on the ground. Track stands and rolling starts are not permitted.

**You must have a working front (white) and rear (red) light to start in the event.** These must be in flashing or constant mode during the race. Riders without lights will not be permitted to race so please don't forget these!

**Helmets –** All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised standard.

**Road Surface** - The road surface on the course is variable in quality. There are some potholed sections on which riders should take extra care. Please do not cut any corners – this will result in automatic disqualification.

If you are riding in the road bike category the start marshal will check your machine.

**T091x2** - START on Stokesley - Seamer road adjacent to the 'gravel pit area' approx. 1 mile South of Seamer.

Proceed North through Seamer towards Hilton. Take 2<sup>nd</sup> Left after Seamer just before Hilton take care on corner as road surface is poor. Proceed along road towards Hutton Rudby. Turn Left at junction and take care as potentially slippery drain cover on exit of corner. Continue up Skutterskelfe bank towards Stokesley. At Tame Bridge farm turn Left take care on corner as road surface is poor. Proceed past finish to Start point (8.8 miles) Continue for a further Lap.

At the end of the second lap, FINISH approx. 100yards before Start. (17.5 miles).

Strava segment

Single lap <https://www.strava.com/segments/24283516>

Double Lap <https://www.strava.com/segments/24283581>

## ***What happens when the race is finished?***

**Return your number** - Please return your race number to the box at the event HQ.

**Results and Prize Presentation** – We will hold a small presentation following the event for the main categories only but results will be made available via email to participants.

Refreshments will be available for free at the event HQ after the event. Any donations towards this will be donated to our nominated charities this year.

If there are any queries with times etc please let us know before end of day Tuesday 11th June after which full results will be posted on the CTT website.

Prizes will be paid directly to participants, you will be contacted for bank transfer information, or if nominated (please let the organiser know) prizes can be donated to the nominated local charity which the Cleveland Wheelers support. Recent ones include Great North Air Ambulance, Stockton MIND, Bowel Cancer UK.

## ***Attention!!***

**Parked Cars** - Please take care when passing stationary / parked cars in the village of Seamer as this section is downhill with cars generally parked on the RHS of the road restricting the road width.

**Speed Limits** - In Seamer and Hutton Rudby which you pass through there are speed limits. Please adhere to these limits.

**Road Surface** - It is generally in good condition but please take care on the 3 left hand junctions as the road surface is poor on the first and third and there is a potentially slippery manhole on the second at Hutton Rudby.

**Tight turns** – After the first LH junction after the main downhill section past the wind turbines there are a series tight turns. Please be aware of your speed on the approach and do not take any risks here to save a couple of seconds.

**Road Centre Line** - Please do not cross the centre line of the road unless required to when passing riders, vehicles or parked vehicles. Ensure that it is safe to do so beforehand.

**Helmets** - It is now a requirement for all riders to wear a HARD SHELL HELMET that meets an internationally accepted safety standard in Accordance with Regulation 15.

**Front and Rear Lighting** - A working front white and rear red light, either flashing or constant, is fitted to the machine in a position visible to other road users and is active while the machine is in use.

**COVID guidance** - You must follow any current government guidelines in place at the time of the event.

## ***Course Records Overall***

### **Solo Male**

37:17

Harry Tanfield (Road Bike)

11-Jul-21 | Cleveland Wheelers CC (Sporting Course)

### **Solo Female**

45:45 (Road Bike)

Lauren Watson

10-Jul-22 | Cleveland Wheelers CC (Sporting Course)

### **Solo Male (Junior)**

40:32

Leo Scrimshaw

11-Jul-21 | Cleveland Wheelers CC (Sporting Course)

### **Tandem**

50:38

Anthony Harrison and Stephen Newton

10-Jul-22 | Cleveland Wheelers CC (Sporting Course)

## Prizes

- Overall Fastest Rider** awards will be given to riders who clock the fastest overall times for the full course. In the event that a Road Bike rider is first overall, or 2<sup>nd</sup>/3<sup>rd</sup>, they will not be able to claim the Road Bike prizes and these will be pushed down to the next rider. Overall top 3 riders will be able to claim age group prizes. Age group prizes are for overall fastest time only.

Overall	Open	Female
1 <sup>st</sup>	£15	£15
2 <sup>nd</sup>	£10	£10
3 <sup>rd</sup>	£5	£5

Road Bike	Open	Female
1 <sup>st</sup>	£15	£15
2 <sup>nd</sup>	£10	£10
3 <sup>rd</sup>	£5	£5

Other	
Tandem	£15

Age Group	Open	Female
Junior	£5	£5
Veteran 40-49	£5	£5
Veteran 50-59	£5	£5
Veteran 60+	£5	£5

- Course Record.** Break current course record. Only the fastest Senior, Junior, Tandem times of the day will be eligible.

Course Record	Open	Female	Open (Junior)	Female (Junior)	Tandem
	£5	£5	£5	£5	£5

## ***Road Bike Definition***

The current definition used by the CTT will be utilised. If this differs from the below their definition will be used. Extract from CTT rules below.

### **29. Road Bike Criteria (*Moved from Regulation 14, 14I - Section: Competitors*)**

(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

(b) Helmets used in Road Bike category events must not cover the ears or have a tear drop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).

*N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars*

## Riders and Start Times

<b>BIB</b>	<b>START TIME</b>	<b>FIRSTNAME</b>	<b>LASTNAME</b>	<b>CLUB</b>	<b>MACHINE</b>
1	09:01:00	Stephen	Newton	Stockton Wheelers CC	Tandem
1	09:01:00	Anthony	Harrison	Stockton Wheelers CC	Tandem
5	09:05:00	Jon	Zigmond	Cleveland Wheelers CC	TT Bike
6	09:06:00	Steven	Madeley	Darlington Cycling Club	TT Bike
7	09:07:00	John	Quimby	Sowerby Sunday Club	TT Bike
8	09:08:00	Mike	Jefferies	AIMS Cycling	Road Bike
9	09:09:00	John	Main	Cleveland Wheelers CC	TT Bike
10	09:10:00	Paul	Dawson	VTTA (North)	TT Bike
11	09:11:00	Mark	Robinson	Zurbaran Racing	TT Bike
12	09:12:00	Phil	Wright	Hartlepool CC	Road Bike
13	09:13:00	Ian	Thompson	Cleveland Wheelers CC	Road Bike
14	09:14:00	Paul	Roberts	Hambleton RC	Road Bike
15	09:15:00	Dougan	Collins	Zurbaran Racing	TT Bike
16	09:16:00	Richie	Grant	Hartlepool CC	Road Bike
17	09:17:00	Kate	Sanderson	Cleveland Wheelers CC	TT Bike
18	09:18:00	Nuala	Robinson	Fietsen Tempo	Road Bike
19	09:19:00	Lauren	Watson	Team BoomPods	Road Bike
20	09:20:00	Rohan	Rayner-Smith	Cleveland Wheelers CC	Road Bike
21	09:21:00	Joe	Breeze	TS Racing - OTR	Road Bike
22	09:22:00	Andrew	Donald	AIMS Cycling	Road Bike
23	09:23:00	Daniel	Thompson	Cleveland Wheelers CC	TT Bike

24	09:24:00	Russ	Richardson	Zurbaran Racing	TT Bike
25	09:25:00	Peter	Gunn	Cleveland Wheelers CC	Road Bike
26	09:26:00	Matt	Hill	Zurbaran Racing	TT Bike
27	09:27:00	Adam	Pinder	Teesdale CRC	Road Bike
28	09:28:00	Steven	Fullerton	Darlington Cycling Club	TT Bike
29	09:29:00	Sam	Leng	AIMS Cycling	TT Bike
30	09:30:00	James	Meadows	Cleveland Wheelers CC	TT Bike
31	09:31:00	Stephen	Adamson	Fietsen Tempo	TT Bike
32	09:32:00	Richard	Lilleker	Cleveland Wheelers CC	TT Bike
33	09:33:00	Shaun	Wakes	Ferryhill Whs	TT Bike
34	09:34:00	Rob	Carter	Cleveland Wheelers CC	Road Bike
35	09:35:00	Steve	Smales	Harrogate Nova CC	TT Bike
36	09:36:00	Matthew	Cole	Richmond CC	TT Bike
37	09:37:00	Ben	Pease	Moonglu CC	TT Bike
38	09:38:00	Toby	Tanfield	Cleveland Wheelers CC	TT Bike